

One year of REBALANCE!

Since our Kickoff in June 2022, the Rebalance project team has been driving the creation of the project's initial results, igniting movement towards inclusive healthcare through digital transformation. We are thrilled to share our exciting update below, highlighting the remarkable productivity and progress achieved by our team!

Partners:



Skills Enhancement
Framework

Project Result 1, the Skills Enhancement Framework, is now **complete**. The framework is specifically designed for professionals in Physiotherapy and Sport, offering valuable insights on how to seamlessly integrate digital practices into their profession. It equips professionals with the necessary knowledge and skills to effectively support and train their clients, while also preparing them to adapt and thrive in the digital future.

Course completion awards a Knowledge Validation Badge via the Rebalance Learning Platform (erasmusplus.space).

Project Result 2, the interactive platform with instructional scenarios to support tailor-made physical exercise, is **under construction**. The back-end development of the platform has been completed, and efforts now focus on the front end. Partners are actively engaged in developing platform activities that revolve around specific movement patterns and topics. The end users will have the ability to modify their training experience to align with their unique training and movement needs.

The **first version** is expected to be ready by **November 2023**.



Cross training platform

Our final partner meeting is scheduled to be held in Kaunas, Lithuania, in November.

Stay informed about the REBALANCE project and upcoming events by following us on Facebook and LinkedIn, and visiting our website.

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