

Partners:



REBALANCE has kick-started!

On the last day of June, the REBALANCE consortium met in Rotterdam for the Kick-Off Meeting. This meeting was very productive and allowed the team to get to know each other and understand the aims and goals of the project.

During the Kick-Off, it was described what this project intends to achieve, as well as all the paths necessary to reach those. Right now, the REBALANCE team is developing a survey that intends to assess the needs and necessities of each national background. The survey will be published very soon. The best way to follow this journey and keep up to date with this project is to join us on social media, Facebook and LinkedIn, as well as to visit our website.



Next steps:



The next steps consist of collecting a sufficient amount of answers from the survey to analyze it and assess the needs of each country. After that, a round of interviews will be arranged, based on the answers collected through the survey, to ensure the right understanding of the needs. Then the REBALANCE project will create an instructional methodology to provide gymnasts, P.E. teachers, physiotherapists and sports experts with a methodology, platform and tools that they can apply to their work.

