

Since June 2023 the REBALANCE consortium is actively working on delivering the project results with the utmost quality, making them accessible for free to any interested professional in the sector of Sports and Physiotherapy

Partners:



The REBALANCE Skills Enhancement Framework is finalised and available in in 6 languages via a dedicated learning environment (English, Dutch, Finnish, Greek, Lithuanian, Portuguese).

Are you interested in getting the course?

Access it through the following link

<https://rebalancelme.erasmusplus.space/>

The **interactive platform** with the instructional scenarios is under development. Partners are testing the developed content to reassure that exercises hosted in the tool are applicable and not harmful to any individual.



The Consortium had the last Physical meeting on the 14th of November in Kaunas, Lithuania hosted in the Lithuanian Sports University. Partners had a productive time discussing and analysing the physical exercises to be included in the REBALANCE Cross Platform. Important actions were taken to proceed to a qualitative and engaging result.